



PILATES FEE SCHEDULE -- FEBRUARY 2024

Special deals for introductory Pilates packages!

INTRODUCTORY SEMI-PRIVATE PILATES PACKAGES	Package
Semi-private Pilates packages with initial one-on-one with Pilates teacher The first step in taking your health to a better place – at a special introductory price!	
1 x initial private Pilates class with teacher plus 6 x semi-private Pilates classes	\$399
1 x initial private Pilates class with teacher plus 12 x semi-private Pilates classes	\$659

All introductory packs include a FREE pair of stylish Pilates grip socks!

INTRODUCTORY PRIVATE PILATES PACKAGES	Package
Private Pilates packages with initial one-on-one with Pilates teacher Start your own personal program with focus on your needs – at a special introductory price!	
1 x initial private Pilates class with teacher plus 3 x private Pilates classes	\$425
1 x initial private Pilates class with teacher plus 6 x private Pilates classes	\$695

STUDIO EQUIPMENT CLASSES		Single	5 pack	10 pack	20 pack	30 pack	50 pack
Semi-private studio equipment class No more than 4 clients per Pilates teacher	60 min	\$60	\$285	\$520	\$995	\$1395	\$2250
Duet studio equipment class Share a class with a friend or family member! Only 2 clients per Pilates teacher	60 min	\$165 (\$82.50pp)	\$780 (\$390pp)	\$1424 (\$712pp)	\$2700 (\$1350pp)	\$3850 (\$1925pp)	-
Private studio equipment class Private one-on-one class with your Pilates teacher	60 min	\$120	\$580	\$1055	\$1995	\$2820	-
Initial private class with Pilates teacher Private pilates class before first commencing your program	60 min	\$120	-	-	-	-	-
Initial consultation with physiotherapist Recommended for those with injury, illness or chronic conditions	60 min	\$160	-	-	-	-	-

SMALL GROUP PILATES CLASSES	Length	Single	5 pack	10 pack	20 pack	30 pack
Small Group Pilates A small group program of Pilates exercises for up to 5 clients utilising Tower, Wunda Chair, Reformer.	50 min	\$40	\$195	\$370	\$650	\$945

PILATES GROUP MATWORK CLASSES	Length	Single	5 pack	10 pack	20 pack	30 pack
Pilates matwork A defined program of Pilates exercises for groups of up to 8 clients.	60 min	\$30	\$145	\$265	\$495	\$650

HEALTH FUND REBATES

Private Health Insurance and Pilates

Our proud Pilates heritage began way back in 2002 as Pilates & Healing in West End. Since then, the team has delivered thousands of Pilates classes to our satisfied clients. Specialised Pilates classes designed to suit your individual goals and needs always has and always will be at the core of our business.

In 2019 the Department of Health conducted a review of natural therapies in its campaign to help contain premium increases for private health insurance. As a result of these reforms, Pilates classes were no longer eligible for rebates under physiotherapy extras cover with your private health insurer. This includes Pilates classes delivered by a physiotherapist, Pilates classes are no longer eligible for rebates no matter who delivers the class (despite what a number of physiotherapy-led practices claim).

Body Organics will continue to provide quality Pilates sessions with our team of highly skilled Pilates instructors. If you have a particular injury or concern that needs to be considered in the development of (or throughout) your personalised Pilates program, seeing a physiotherapist is recommended.

*We can process your private health fund and Medicare claims immediately

Our physiotherapy, podiatry, myotherapy, musculoskeletal and massage treatments can usually be claimed immediately after you've finished your appointment with the practitioner.

At each Body Organics studio we have a dedicated HICAPS / EFTPOS terminal so you can quickly and easily process your private health fund and Medicare claims. Simply swipe your health fund or Medicare card into the HICAPS terminal and just pay the gap amount with your credit or debit card (we accept MasterCard or Visa).